Wallet cards, *cut and keep.*

Each card is bank-card size (85 × 54 mm). Cut around the outer line, fold on the dashed line, and keep one in every wallet and school bag.

Flash or alert? Act now

- **Do not look** at the flash.
- Outside: **lie face down**, cover your head, wait for the shock wave.
- **Get inside** the best building within reach. You usually have 10+ minutes before fallout.
- Go **down** (basement) or to the **center**. Away from windows, roof and outer walls.
- **Stay inside 24 hours** or until officials say otherwise.
- **Stay tuned**: radio, RO-ALERT, official channels.

Got dust on you? Clean up

- **Remove outer clothing** (up to 90% of contamination). Bag it.
- **Shower** with soap and shampoo. **No conditioner.** Do not scrub.
- No shower: wipe skin and hair with a wet cloth. Wipe eyelids, ears; blow nose.
- Put on clean clothes. Brush, then wash pets.
- **KI only if officials tell you.**
- Emergency: **112** (RO/EU) · **911** (US)

My shelter spots

Home: _____

Work: _____

School: _____

Public shelter: _____

Meeting place: _____

My contacts

Out-of-area contact: _____

Family: _____

Family: _____

Doctor: _____

Radio station: _____

For kids: if the sirens sound

- **Go inside** right away. Stay with your teacher or a grown-up you trust.
- Go to the **middle of the building** or the basement. Stay away from windows.
- **Don't look** at a bright flash.
- **Don't go outside** to come home. We will come for you when it is safe.
- If dust got on you: take off your jacket and wash your hands and face.

This card belongs to

Name: _____

Parent: _____

Phone: _____

Other adult: _____

Phone: _____

Emergency: 112 (RO/EU) · **911** (US)

General information from official public guidance, not medical advice. Instructions from your local authorities always come first. Full notice: page 20 of the Nuclear Emergency Survival Guide.